



Submission Lab# (Lab Use Only)  
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1. Fill all fields if possible
2. Print two copies of this form. Save one for your records. Place the second copy into a plastic bag and send it with the samples.
3. Pack the samples well inside a cardboard box.
4. You can send an excel file of this form via email (carashl@telus.net)
5. Ship samples immediately to the lab; ensure that the samples will arrive at the lab during regular business hours.
6. Allow 3-4 weeks for results.

**IMPORTANT Information:**

Please check the [CARA-Soil Health sampling protocol](#) before taking your samples. Each sample should be bagged individually in a medium plastic (Ziploc) bag. Label each bag properly with its Field Unit ID\*. Double bag your samples if it is necessary. Several individual sample bags can be placed in a larger plastic bag. When temperatures are warm, you may need to include an ice pack(s) with the samples. All samples should be kept cool (4 °C) if they are not sent to the lab right after they have been collected.

Soil Chemical Indicators will be evaluated at the chosen commercial Lab (price will be added to each package separately). See Note on Page 2 for more information.

First & Last Name	Email Address:	Complete address	Payment Included
Farm name/Organization	Phone #:		Check <input type="checkbox"/>
	Fax #:		Please Invoice <input type="checkbox"/>

SAMPLE#	Field Unit ID* or Unique Sample Name <small>(as written on sample bag)</small>	DATE SAMPLED (mm/dd/ yy)	Legal Land Description <small>Required</small>	Lab Assessment Package <small>(see page 2 for packages) Chemistry: Yes/No</small>	Management: <small>Chemfallow, no till, use of herbicide, use of Biological admendments, etc</small>	Soil depth (inch)	2023 Crop <small>(with Chem)</small>	Crop History		
								2020	2021	2022
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										

Mail or Courier Samples to: **CARA Soil Heath Lab.**  
 Highway 41 E  
 P.O. Box 690,  
 Oyen, Alberta, T0J 2J0

Email: [carashl@telus.net](mailto:carashl@telus.net)

